

# 120 Credits

Disability Support and Mental Health & Addiction Support strands 40 Weeks | 20 HOURS PER WEEK | 9AM - 2:30PM | MONDAY-THURSDAY\*

The aim of this program is to develop professional, ethical, and capable entry-level Support addiction support needs and supporting people, family and/or whanau accessing social and knowledge valued by the health and wellbeing sector and specific skills and knowledge

Our Health and Wellbeing programmes are proudly offered in partnership with Te Puna Hauora, a respected Māori Health Organisation located in the North Shore. e Puna Hauo

## **Course Dates:**

6 Feb 2024 - 20 Dec 2024

11 Mar 2024 - 7 Mar 2025

29 Apr 2024 - 11 Apr 2025

4 Jun 2024 - 30 May 2025

21 Jul 2024 - 27 Jun 2025 26 Aug 2024 - 15 Aug 2025 14 Oct 2024 - 19 Sep 2025

#### Contact us for more information

#### THE COURSE CONSISTS OF THE FOLLOWING MODULES:

- The health and wellbeing sector and contemporary priorities in Aotearoa **New Zealand**
- Te Tiriti o Waitangi, biculturalism and multiculturalism in Aotearoa New Zealand
- Ethics and professional practice in the Health and Wellbeing sector
- Cultural identity, awareness and engagement with tangata, family and whanau
- Self-awareness and reflective practice in a Health and Wellbeing setting.

## Disability support elective modules

Disability care and support in Aotearoa New Zealand

- Personal leadership and communication in a disability support setting
- Working collaboratively in a disability care setting
- Safe practice and strategies in disability

## Mental health and addiction support elective modules

- Mental health and addiction knowledge, skills and values
- Mental health and addiction issues in Aotearoa New Zealand
- Mental health and addiction support, advocacy and inclusion
- Recovery in mental health and addiction in Aotearoa New Zealand

Students are assessed through a mixture of written assessments, presentations and practical role plays.

## **ENTRY REQUIREMENTS**

#### **DOMESTIC**

- 17 years of age or older at course start date (be at least 17 years of age before the clinical placement)
- Have recent police vetting
- Have completed year 12 or NCEA Level 2
- Pre-enrolment interview
- Students who do not meet the entry requirements may be accepted at the discretion of the department head.

#### **INTERNATIONAL**

- 18 years of age at course start date
- IELTS (Academic or General) 5.5 with no band lower than 5.0 (or NZQA approved equivalent)
- 3 years of secondary school education or agreed equivalent
- Have recent police vetting
- Special circumstances considered at the discretion of the Department Head.

#### **CAREER OPPORTUNITIES**

- Mental health support worker
- Addiction support worker
- Drug treatment support worker
- Community support worker
- Child or youth residential care assistant
- Aged care worker
- Nursing support worker
- Personal care assistant.

### **2023 COURSE FEES**

Domestic students: NZ\$6,250 Check your Fees Free eligibility\*\*

International students: Tuition NZ\$16,500, Material NZ\$1,500, RegistrationNZ\$250

