



AUSTRALIAN
LEARNING
GROUP

YOU'RE IN THE RIGHT PLACE

2022
COURSE GUIDE



WELCOME TO ALG

Australian Learning Group (ALG) is a registered training organisation that has been offering high quality vocational education and training for over 15 years. We offer a range of nationally recognised certificate and diploma level courses in Health and Community Services related fields of study from campuses across Australia.

OUR PURPOSE

NURTURING AND EMPOWERING PEOPLE ON THEIR PATH TO MORE MEANINGFUL CAREERS

OUR PROMISE

YOU'RE IN THE RIGHT PLACE

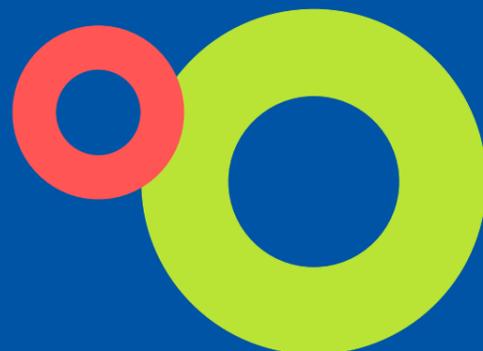
It's a big decision to educate yourself; to create or change a career. Most of our students and staff are on a journey, both physical and emotional. We want them to feel at home and that they are in the right place to learn, evolve, transform, be better and be looked after. We are a family, and all our staff, educators and students are in the right place.

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OUR BELIEFS



EMBRACE CHANGE

We keep an entrepreneurial spirit, challenge the status quo, and strive to maintain momentum in everything that we do. We are an agile business that favours change. We believe in leaning in and digging deep to make sure we finish what we start and drive the business positively forward.



SERVE & EMPOWER

We believe that through serving and inspiring students to be their best, we will achieve our best. We take pride in what we do, create quality experiences for our students and produce graduates that are ready to join their industry and make a positive impact on the world.



SPEAK UP, WE LISTEN

We believe everyone has a powerful voice and it is up to us to collectively make those voices count. We know everyone has a story to tell and we pride ourselves in first listening before providing the solution. We embrace diversity and actively seek to ensure everyone feels comfortable to contribute and feels valued in doing so.



BE ORGANISED, BE ACCURATE

Be prepared, do the work, do it right and don't do it twice. We need to be compliant; we need to abide by the laws and regulations of our industry, so we need to have our attention to detail right. We prioritise good communication and look to be clear and fair in everything we do.



BE A HUMBLE EXPERT

We are knowledgeable, hard working and we believe in being the best at what we do. We are experts in our field and our teachers have relevant industry experience. We deliver great education that drives real outcomes. Our work will speak for itself; we don't need to boast.



WITH EMPATHY

Our students are our customers, and we treat students like family. We need to be student centric and put people first. We always start with empathy, collecting the dots before we connect the dots. What we do has the potential to change lives. We also believe the way we deliver our education makes a difference.



STUDENT SUPPORT

We are proud to offer a wide range of support strategies and international student information to help guide you through your journey in Australia with us!

STUDENT EXPERIENCE

Every location Australia-wide has a full-time Student Experience team stationed at reception, who are the first point of call for all student enquiries, including those students that may face difficulties during their course, that could affect their learning. Additionally, students can also contact their dedicated team via telephone, email or by booking an appointment for a one-to-one meeting.

ACADEMIC SUPPORT

When our students have questions about their assessments, their grades, their classes or anything related to their academic studies they are able to contact their trainer directly via Canvas. Our trainers are here to support our students during their studies just as much as our Student Services team and are always willing to help.

LANGUAGE, LITERACY & NUMERACY (LLN) SUPPORT

We offer LLN support classes to assist students with their communication skills during their time with us. We understand the difficulties that our students may face with English as a second language, and are here to help our students adjust during their time studying in Australia. These classes run weekly for 1.5 hours during the term.

STUDENT COUNSELLING SERVICE

We offer counselling clinic sessions for all students with our student counsellor. This service helps students who may require support for various situations including:

- Finding balance with study, work and personal life
- Developing both educational and personal strategies and goals
- Support around stress, frustrations, anxiety with study and personal issues
- Looking at the impact of grief and loss
- Isolation - living away from family and friends
- Dealing with change arising from academic and personal circumstance
- Relationship issues, including breakdowns and recovery in relationships
- Providing information about organisations, resources and supports available to improve mental health and wellbeing.



Melbourne Campus

INDIVIDUAL COURSES

We offer individual courses upon enrolment for students who choose to complete one qualification. For full details about our individual course options, including fees and duration, visit alg.edu.au/pricing/.

AGED CARE

Certificate III in Individual Support (Ageing)

CHC33015, CRICOS 095782A

Certificate IV in Ageing Support

CHC43015, CRICOS 095783M

COMMUNITY AND HEALTH

Diploma of Community Services

CHC52015, CRICOS 095789E

Diploma of Counselling

CHC51015, CRICOS 095788F

Diploma of Mental Health

CHC53315, CRICOS 095787G

EARLY CHILDHOOD EDUCATION

Certificate III in Early Childhood Education and Care

CHC30121, CRICOS 107418G

Diploma of Early Childhood Education and Care

CHC50121, CRICOS 107419F

FITNESS, MASSAGE AND YOGA TEACHING

Certificate III in Fitness

SIS30315, CRICOS 089271G

Certificate IV in Fitness

SIS40215, CRICOS 089272G

Certificate IV in Massage Therapy

HLT42015, CRICOS 089269B

Diploma of Remedial Massage

HLT52015, CRICOS 089270J

Certificate IV in Yoga Teaching

10696NAT, CRICOS 098603G

Diploma of Yoga Teaching

10697NAT, CRICOS 098602G

Diploma of Sport and Recreation Management

SIS50115, CRICOS 090570J

PROGRAMS



ALG offers a range of accredited programs in Health and Community services related fields of study from campuses across Australia.

These programs allow our students to upskill and provide them with additional opportunities in the industry of their choosing.

AGED CARE WORKER

DURATION 5 Terms (62 weeks)
AVAILABILITY MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

The Aged Care Worker program will develop you into a well-rounded Aged Care Worker through the completion of two nationally recognised qualifications. Our Aged Care Worker program delivery is a great combination 'hands-on' training in a simulation lab and up-to-date theory study in the classroom. This practical approach to training, along with work placement will make sure that our graduates are job-ready and able to excel in their chosen careers.



**MULTIPLE
QUALIFICATIONS
ACHIEVED**



**ONLINE
SIMULATION
LABS**



**EXTENDED
STUDY
DURATION**



**BLENDED IN-
CLASS AND ONLINE
DELIVERY**

JOB OUTCOMES

After completing the Aged Care Worker program with ALG, you will be qualified for a wide range of careers in the industry.

- Aged Care Worker
- Personal Care Assistant
- Residential Care Worker
- Accommodation Support Worker
- Assisting in Nursing
- In-Home Respite Worker
- Aged Care Team Leader
- Home Care Team Leader
- Community Care Centre Team Leader.

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/aged-care-worker/.

CERTIFICATE III IN INDIVIDUAL SUPPORT (AGEING)

National Course Code CHC33015
CRICOS Course Code 095782A

If you are looking for a rewarding career, then consider working with the elderly as an aged care worker. You will learn how to use a person centred approach while taking care of those that need assistance with their daily living. You will follow their individual care plans to assist with their personal care, emotional wellbeing and promote a healthy lifestyle.

CERTIFICATE IV IN AGEING SUPPORT

National Course Code CHC43015
CRICOS Course Code 095783M

Ideally you will be working in aged care services so that you can build on the skills learnt in the Certificate III in Individual Support. This qualification will allow you to advance in your career in aged care, by preparing you to support elderly clients in specialised tasks and functions but also in a variety of settings.

I learned so much and gained more knowledge in the field I'm in now. I work as a carer in a nursing home and got to practice everything I learned at ALG which was really helpful.

Edlyn, Philippines



COURSE

CHC33015 Certificate III in Individual Support (Ageing)
 CHC43015 Certificate IV in Ageing Support

WORK PLACEMENT HOURS*

150 hours
 150 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.

¹ See page 35 for more information

PROGRAMS

AGED CARE AND CASE MANAGER

DURATION 11 Terms (143 weeks)
AVAILABILITY MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

The Aged Care & Case Manager program will develop you into a well-rounded welfare manager through the completion of three nationally recognised qualifications. Community Services is a sector with a variety of challenging and interesting roles and opportunities allowing you to specialise in the sector or work as a generalist. Our Community Services Course will help prepare you for the outside world.

-  **MULTIPLE QUALIFICATIONS ACHIEVED**
-  **ONLINE SIMULATION LABS**
-  **EXTENDED STUDY DURATION**
-  **BLENDED IN-CLASS & ONLINE DELIVERY**

JOB OUTCOMES

After completing the Aged Care and Case Manager program with ALG, you will be qualified for a wide range of careers in the industry.

- Case Manager
- Case Worker
- Aged Care Team Leader
- Home Care Team Leader
- Community Services Worker
- Child, Youth and Family Worker
- Support Worker
- Intake Officer
- Program Coordinator

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/aged-care-and-case-manager/.

¹ See page 35 for more information



CERTIFICATE III IN INDIVIDUAL SUPPORT (AGEING)

National Course Code CHC33015
CRICOS Course Code 095782A

If you are looking for a rewarding career, then consider working with the elderly as an aged care worker. You will learn how to use a person centred approach while taking care of those that need assistance with their daily living. You will follow their individual care plans to assist with their personal care, emotional wellbeing and promote a healthy lifestyle.

CERTIFICATE IV IN AGEING SUPPORT

National Course Code CHC43015
CRICOS Course Code 095783M

Ideally you will be working in aged care services so that you can build on the skills learnt in the Certificate III in Individual Support. This qualification will allow you to advance in your career in aged care, by preparing you to support elderly clients in specialised tasks and functions but also in a variety of settings.

DIPLOMA OF COMMUNITY SERVICES

National Course Code CHC52015
CRICOS Course Code 095789E

We teach key community services skills, providing students with a solid foundation that can be applied across a range of general and specialised areas. This includes a focus on person-centred and strengths-based approaches, working with diversity, case planning, and legal and ethical requirements.

COURSE	WORK PLACEMENT HOURS*
CHC33015	150 hours
CHC43015	150 hours
CHC52015	200 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.



PROGRAMS

AGED CARE AND WELFARE MANAGER

DURATION 13 Terms (169 weeks)
AVAILABILITY MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

Like Australia, most countries are facing an ageing population and are seeking solutions to cope with the care of their elderly. Our Aged Care & Welfare Manager program provides students with the skills and knowledge to provide services that maintain a therapeutic alliance with elderly clients living with mental health issues.



MULTIPLE QUALIFICATIONS ACHIEVED



ONLINE SIMULATION LABS



EXTENDED STUDY DURATION



BLENDED IN-CLASS & ONLINE DELIVERY

JOB OUTCOMES

After completing the Aged Care and Welfare Manager program with ALG, you will be qualified for a wide range of careers in the industry.

- Mental Health Worker
- Alcohol and Other Drugs Worker
- Welfare Support Worker
- Community Worker
- Recovery Support
- Personal Care Assistant
- Aged Care Worker
- Accommodation Support Worker

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/aged-care-and-welfare-manager/.

¹ See page 35 for more information



CERTIFICATE III IN INDIVIDUAL SUPPORT (AGEING)

National Course Code CHC33015
CRICOS Course Code 095782A

If you are looking for a rewarding career, then consider working with the elderly as an aged care worker. You will learn how to use a person centred approach while taking care of those that need assistance with their daily living. You will follow their individual care plans to assist with their personal care, emotional wellbeing and promote a healthy lifestyle.

CERTIFICATE IV IN AGEING SUPPORT

National Course Code CHC43015
CRICOS Course Code 095783M

Ideally you will be working in aged care services so that you can build on the skills learnt in the Certificate III in Individual Support. This qualification will allow you to advance in your career in aged care, by preparing you to support elderly clients in specialised tasks and functions but also in a variety of settings.

DIPLOMA OF MENTAL HEALTH

National Course Code CHC53315
CRICOS Course Code 095787G

You will learn how to work from a recovery-oriented perspective that is strengths-based and client-centered. You will gain the skills and knowledge to become a practitioner in this sector which includes fields such as counselling, referral, advocacy and education/health promotion services.

COURSE	WORK PLACEMENT HOURS*
CHC33015	150 hours
CHC43015	150 hours
CHC53315	400 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.



COUNSELLOR AND CASE MANAGER

DURATION	9 Terms (117 weeks)
AVAILABILITY	MEL, SYD
STUDY MODE	Full-Time (20 hours per week) ¹

Community Services is a sector with a variety of challenging and interesting roles and opportunities allowing you to specialise in the sector or work as a generalist. Our Community Services Course will help prepare you for the outside world. As part of our counselling course you will become familiar with evidence-based counselling models, strategies and therapies as well as various communication techniques such as micro-counselling and interviewing skills drawing on varied therapies to assist clients.



**MULTIPLE QUALIFICATIONS
ACHIEVED**



**EXTENDED STUDY
DURATION**



**BLENDED IN-CLASS AND
ONLINE DELIVERY**

JOB OUTCOMES

After completing the Counsellor and Case Manager program with ALG, you will be qualified for a wide range of careers in the industry:

- Therapeutic Case Worker/Manager
- Counselling Support Worker
- Group Facilitator
- Coach/Mentor
- Family Support Worker
- Pastoral Support Worker/Carer
- Prevention and Early Intervention Worker
- Education/Psychological Support

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/counsellor-and-case-manager/.

I've always liked to help people so this course was perfect for me because it helped me a lot with my personal growth and to support other people during their own journey. I am very thankful for this course and all the knowledge I have gained...

Isabela, Brazil



DIPLOMA OF COMMUNITY SERVICES

National Course Code	CHC52015
CRICOS Course Code	095789E

We teach key community services skills, providing students with a solid foundation that can be applied across a range of general and specialised areas. This includes a focus on person-centred and strengths-based approaches, working with diversity, case planning, and legal and ethical requirements. For example, being person-centred and focusing on the strengths of a person or group are at the core of community services work and help facilitate meaningful and sustainable support and change.

DIPLOMA OF COUNSELLING

National Course Code	CHC51015
CRICOS Course Code	095788F

If you are planning to start the journey to having a career in counselling, are looking to improve your current career or want to further your own personal development, our framework ensures you will be getting the most out your studies. After receiving plenty of face-to-face training and role plays to make sure you feel ready and confident to take the next step, you will complete the Clinical Practice module in a simulated counselling clinic.

COURSE

CHC52015 Diploma of Community Services

WORK PLACEMENT HOURS*

200 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.

¹ See page 35 for more information

PROGRAMS

WELFARE AND CASE MANAGER

DURATION 11 Terms (143 weeks)
AVAILABILITY MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

Demand for dedicated professionals in this sector consistently growing. If you have a passion for helping others and are looking for an interesting and challenging field to specialise in, our community and health courses will be a great fit for you.

-  **MULTIPLE QUALIFICATIONS ACHIEVED**
-  **EXTENDED STUDY DURATION**
-  **BLENDED IN-CLASS & ONLINE DELIVERY**

JOB OUTCOMES

After completing the Welfare and Case Manager program with ALG, you will be qualified for a wide range of careers in the industry.

- Case Manager
- Mental Health Worker
- Alcohol and Other Drugs Worker
- Welfare Support Worker
- Recovery Support
- Program Coordinator
- Community Services Worker
- Child, Youth and Family Worker
- Support Worker
- Intake Officer

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/welfare-and-case-manager/.

¹ See page 35 for more information



DIPLOMA OF COMMUNITY SERVICES

National Course Code CHC52015
CRICOS Course Code 095789E

We teach key community services skills, providing students with a solid foundation that can be applied across a range of general and specialised areas. This includes a focus on person-centred and strengths-based approaches, working with diversity, case planning, and legal and ethical requirements. For example, being person-centred and focusing on the strengths of a person or group are at the core of community services work and help facilitate meaningful and sustainable support and change.

DIPLOMA OF MENTAL HEALTH

National Course Code CHC53315
CRICOS Course Code 095787G

Demand for dedicated professionals in this sector is consistently growing. If you have a passion for helping others and are looking for an interesting and challenging field to specialise in, our mental health course will be a great fit for you. Your training is a combination of classroom and practical elements like role plays, simulations and compulsory work placement. This gives you the skills and knowledge to provide services that maintain a therapeutic alliance with clients living with mental health issues.

COURSE	WORK PLACEMENT HOURS*
CHC52015	200 hours
CHC53315	400 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.

PROGRAMS

EARLY CHILDHOOD EDUCATOR

DURATION 8 Terms (104 weeks)
AVAILABILITY BNE, MEL, PER, SYD
STUDY MODE Full-Time (20 hours per week)¹

If you are planning to embark on a career in Early Childhood Education and Care, are looking to improve your current career or want to further your own personal development, our Early Childhood Educator program will prepare you for the industry.

-  **MULTIPLE QUALIFICATIONS ACHIEVED**
-  **PRACTICAL WORK PLACEMENTS**
-  **DIRECT ENTRY INTO BACHELOR**
-  **BLENDED IN-CLASS & ONLINE DELIVERY**

JOB OUTCOMES

After completing the Early Childhood Educator program with ALG, you will be qualified for a wide range of careers in the industry.

- Early Childhood Educator
- Family Day Care Educator
- Occasional Care Educator
- Centre Director
- Educational Leader
- Qualified Nanny
- Nominated Supervisor
- Second in Charge/Certified Supervisor
- Room Leader

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/early-childhood-educator/.

¹ See page 35 for more information



CERTIFICATE III IN EARLY CHILDHOOD EDUCATION AND CARE

National Course Code CHC30121
CRICOS Course Code 107418G

As the entry-level qualification for the Early Childhood industry, our Early Childhood Education and Care Courses provides students with a great foundation for a meaningful career path. In this course, students learn to support children's well-being and development in the context of an approved learning framework. Students will develop a range of skills and knowledge using discretion and judgement when carrying out their work in the context of established organisational policies and procedures.

DIPLOMA OF EARLY CHILDHOOD EDUCATION AND CARE

National Course Code CHC50121
CRICOS Course Code 107419F

The Diploma of Early Childhood Education and Care builds on the existing skills and knowledge acquired in the Certificate III.

In this course, students will learn to implement an approved learning framework, and support children's well-being, learning and development. You will develop extensive skills and understanding of pedagogical practices and in-depth knowledge to design and implement an approved curriculum that meets the requirements of an approved learning framework and for maintaining compliance in other areas of service operations. Furthermore, you will gain the confidence to lead a team working in long daycare centres, family daycare, pre-schools or kindergartens.

COURSE	WORK PLACEMENT HOURS*
CHC30121	210 hours
CHC50121	300 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.



HEALTH AND WELLBEING THERAPIST

DURATION 14 Terms (82 weeks)
AVAILABILITY BNE, MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

The Health & Wellbeing Therapist program combines all the elements of our fitness and massage programs in order to develop our students into well-rounded health professionals, with expertise in developing and planning exercise programs for their clients, and skills in remedial massage, advanced health, and postural assessment.



**MULTIPLE QUALIFICATIONS
ACHIEVED**



**PRACTICAL MASSAGE &
FITNESS LESSONS**



**EXTENDED STUDY
DURATION**

JOB OUTCOMES

After completing the Health and Wellbeing Therapist program with ALG, you will be qualified for a wide range of careers in the industry:

- Personal Trainer
- Fitness Instructor
- Remedial Massage Therapist
- Gym Instructor
- Sports Massage Therapist
- Group Exercise Instructor
- Specialised Massage Therapist

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/health-and-wellbeing-therapist/.

Atsushi has completed our Fitness courses and is currently studying the Diploma of Remedial Massage. Upon finishing his fitness courses he was able to land a job in a gym and is now planning to use his skills in Massage to assist clients with sports injuries.



CERTIFICATE III IN FITNESS

National Course Code SIS30315
CRICOS Course Code 089271G

The Certificate III in Fitness is your first step into the fitness industry. This national qualification allows you to be a 'fitness instructor'. You will learn to assess, train and supervise clients in fitness centres and gyms.

CERTIFICATE IV IN FITNESS

National Course Code SIS40215
CRICOS Course Code 089272G

If you want to be a Personal Trainer, you will need to undertake the Certificate IV in Fitness. This national qualification allows you to train and develop your own clients in an unsupervised setting.

CERTIFICATE IV IN MASSAGE THERAPY

National Course Code HLT42015
CRICOS Course Code 089269B

The Certificate IV in Massage Therapy is the national qualification that allows you to work as a professional massage therapist in Australia. It will provide you with practical skills in relaxation and therapeutic massage, basic health and postural assessment as well as experiencing a real-world massage clinic.

DIPLOMA OF REMEDIAL MASSAGE

National Course Code HLT52015
CRICOS Course Code 089270J

The Diploma in Remedial Massage is the national qualification that allows you to work as a professional remedial massage therapist in Australia. It will provide you with practical skills in remedial massage, advanced health and postural assessment as well as experiencing a real-world massage clinic.

COURSE

HLT42015 Certificate IV in Massage Therapy
 HLT52015 Diploma of Remedial Massage

STUDENT CLINIC HOURS*

80 hours
 280 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.

¹See page 35 for more information

PROGRAMS

MASSAGE THERAPIST

DURATION 8 Terms (104 weeks)
AVAILABILITY BNE, MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

Massage has been a fundamental tool for restoring health and well-being. This unique profession blends ancient healing with modern science allowing the therapist to experience a truly unique feeling of directly improving the health and well-being of a client.

-  **MULTIPLE QUALIFICATIONS ACHIEVED**
-  **PRACTICAL STUDENT MASSAGE CLINIC**
-  **BLENDED IN-CLASS & ONLINE DELIVERY**

JOB OUTCOMES

After completing the Massage Therapist program with ALG, you will be qualified for a wide range of careers in the industry.

- Remedial Massage Therapist
- Sports Massage Therapist
- Specialised Massage Therapist

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/massage-therapist/.

You learn new things every day and it keeps me passionate about treating people.

Agnes, Malaysia



CERTIFICATE IV IN MASSAGE THERAPY

National Course Code HLT42015
CRICOS Course Code 089269B

The Certificate IV in Massage Therapy is the national qualification that allows you to work as a professional massage therapist in Australia. It will provide you with practical skills in relaxation and therapeutic massage, basic health and postural assessment as well as experiencing a real-world massage clinic.

DIPLOMA OF REMEDIAL MASSAGE

National Course Code HLT52015
CRICOS Course Code 089270J

The Diploma in Remedial Massage is the national qualification that allows you to work as a professional remedial massage therapist in Australia. It will provide you with practical skills in remedial massage, advanced health and postural assessment as well as experiencing a real-world massage clinic.

STUDENT MASSAGE CLINIC

ALG has a well-established Massage School that has been training massage students for over 15 years. You are studying to complete the Nationally Accredited Qualification of the Certificate IV in Massage Therapy and Diploma of Remedial Massage. You will use this clinic experience to apply and adapt what you have learned in the classroom to a real-life situation, providing massage treatments to help improve the health and wellbeing of their clients, as well as help them feel and move more freely, all at a minimal cost. All members of the public are welcome to book in for the student clinic. The student clinic is safe as it is supervised by qualified and industry-current clinic supervisor at all times.

COURSE	STUDENT CLINIC HOURS*
HLT42015	80 hours
HLT52015	280 hours

*changes to training package requirements or course structure could affect the required work placement hours in the future.

¹ See page 35 for more information

PERSONAL TRAINER

DURATION	6 Terms (78 weeks)
AVAILABILITY	BNE, MEL, PER, SYD
STUDY MODE	Full-Time (20 hours per week) ¹

We offer a fitness program that is ideal for students who are keen on embarking on a career as a personal trainer. Our classes are fun and dynamic. We offer 'hands on' learning in real fitness environments, gyms and outdoor parks. Gym entry is included in the program to give students access to the most effective training.



**MULTIPLE QUALIFICATIONS
ACHIEVED**



**PRACTICAL GYM
LESSONS**



**BLENDED IN-CLASS AND
ONLINE DELIVERY**

JOB OUTCOMES

After completing the Personal Trainer program with ALG, you will be qualified for a wide range of careers in the industry.

- Fitness Instructor
- Gym Instructor
- Group Exercise Instructor
- Personal Trainer.

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/personal-trainer/.

My trainers are more than just teachers, they are mentors. They go above and beyond to prepare you for your fitness career.

Roxana, Italy



CERTIFICATE III IN FITNESS

National Course Code	SIS30315
CRICOS Course Code	089271G

The Certificate III in Fitness is your first step into the fitness industry. This national qualification allows you to be a 'fitness instructor'. You will learn to assess, train and supervise clients in fitness centres and gyms.

CERTIFICATE IV IN FITNESS

National Course Code	SIS40215
CRICOS Course Code	089272G

If you want to be a Personal Trainer, you will need to undertake the Certificate IV in Fitness. This national qualification allows you to train and develop your own clients in an unsupervised setting.



¹ See page 35 for more information

PROGRAMS

SPORT AND FITNESS MANAGER

DURATION	10 Terms (130 weeks)
AVAILABILITY	BNE, MEL, PER, SYD
STUDY MODE	Full-Time (20 hours per week) ¹

The Sport & Fitness Manager program is ideal for students who are keen on developing the skills and knowledge required to work in the sport and recreation industry in a management or organisational capacity. This program provides thorough technical development of skills as a fitness instructor, personal trainer and gym manager.



MULTIPLE QUALIFICATIONS ACHIEVED



PRACTICAL GYM SESSIONS



BLENDED IN-CLASS & ONLINE DELIVERY

JOB OUTCOMES

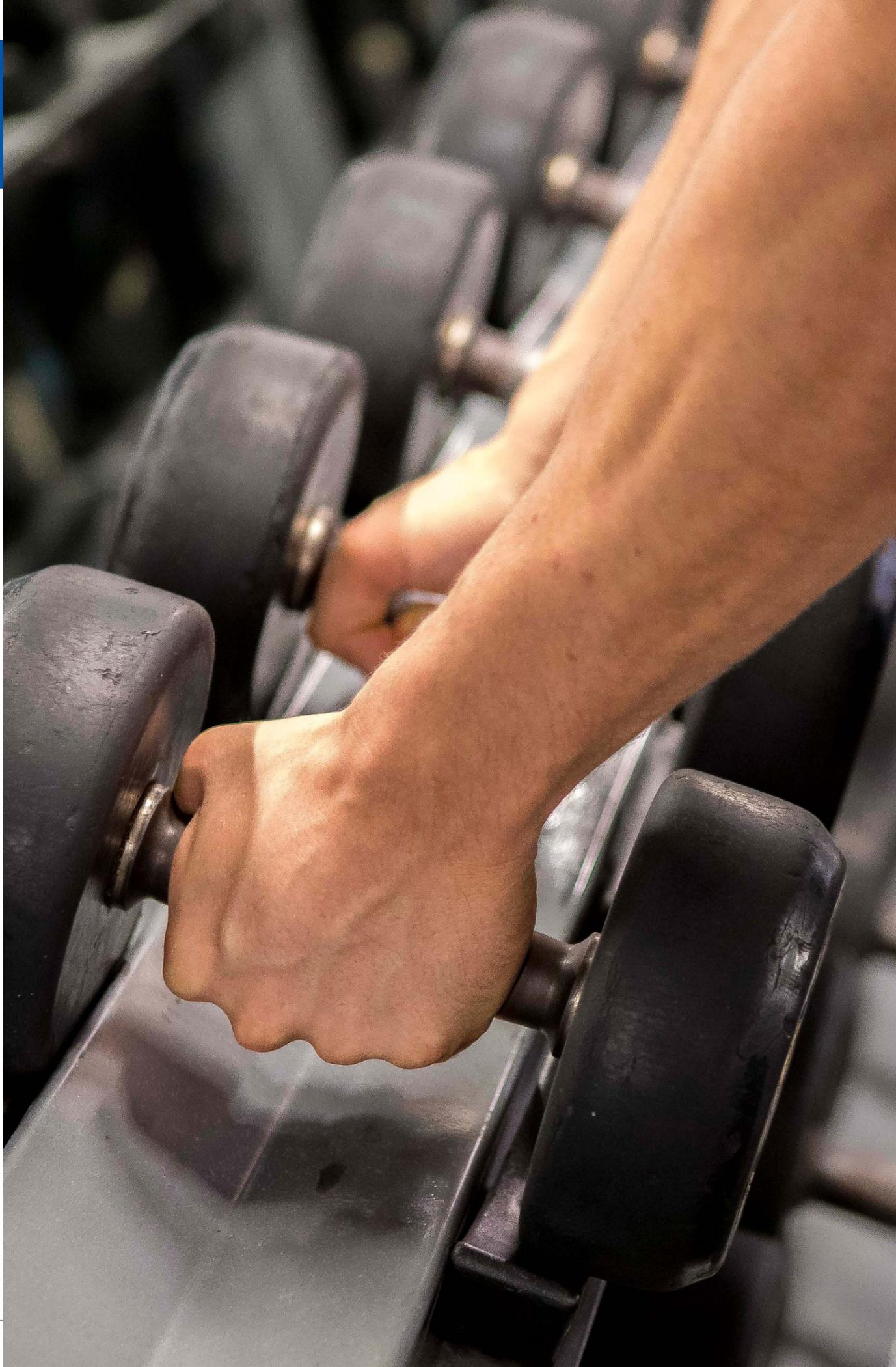
After completing the Sport and Fitness Manager program with ALG, you will be qualified for a wide range of careers in the industry.

- Personal Trainer
- Advanced Personal Trainer
- Fitness Services Coordinator
- Fitness Director
- Gym Manager
- Centre Fitness Manager
- Sports Coordinator

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/sport-and-fitness-manager/.

¹ See page 35 for more information



CERTIFICATE III IN FITNESS

National Course Code	SIS30315
CRICOS Course Code	089271G

The Certificate III in Fitness is your first step into the fitness industry. This national qualification allows you to be a 'fitness instructor'. You will learn to assess, train and supervise clients in fitness centres and gyms.

CERTIFICATE IV IN FITNESS

National Course Code	SIS40215
CRICOS Course Code	089272G

If you want to be a Personal Trainer, you will need to undertake the Certificate IV in Fitness. This national qualification allows you to train and develop your own clients in an unsupervised setting.

DIPLOMA OF SPORT AND RECREATION MANAGEMENT

National Course Code	SIS50115
CRICOS Course Code	090570J

The Diploma of Sport & Recreation Management is for students who want to gain management skills whilst further enhancing their expertise in the fitness industry.

ALG is such an inviting and friendly place! The courses are laid out well, the place is great and allows me to have a really good life balance...The teachers are super helpful and are there to help all the time.

Jack, United Kingdom

YOGA TEACHER

DURATION 8 Terms (104 weeks)
AVAILABILITY BNE, MEL, SYD
STUDY MODE Full-Time (20 hours per week)¹

Yoga is one of Australia’s largest growing well-being activities. From Yoga studios, it has expanded into gyms, corporate areas, retreat centres, health resorts, schools, early childhood centres and care homes creating a high demand for quality Yoga teachers.



MULTIPLE QUALIFICATIONS ACHIEVED



ON-SITE YOGA STUDIO



BLENDED IN-CLASS AND ONLINE DELIVERY

JOB OUTCOMES

After completing the Yoga Teacher program with ALG, you will be qualified for a wide range of careers in the industry.

- Yoga Teacher
- Yoga Studio Owner/Manager
- Program Coordinator
- Specialist Yoga Teacher

ENTRY REQUIREMENTS

See Page 34 for course entry requirements. For additional course information please visit alg.edu.au/programs/yoga-teacher/.

The course really gives me a good learning structure for yoga, to learn how to teach yoga and the vocabulary for yoga.

Alessandra, Brazil



CERTIFICATE IV IN YOGA TEACHING

National Course Code 10696NAT
CRICOS Course Code 098603G

The Certificate IV in Yoga Teaching is your first step towards becoming an outstanding yoga teacher. The course is designed to give you all the tools to teach yoga competently and authentically. The content includes Western and Yogic Anatomy, Yoga Philosophy, and the important subject of Yoga Business amongst others.

DIPLOMA OF YOGA TEACHING

National Course Code 10697NAT
CRICOS Course Code 098602G

The Diploma of Yoga Teaching allows you to build on the Certificate IV Yoga towards becoming a Specialist Yoga Teacher. You will deepen your knowledge and skills with advanced subjects of Yoga, meditation and philosophy. You will learn the principles of Yoga Therapy and how to deal with students who have special needs and chronic conditions. You will also undertake learning on Yoga for the stages of life including yoga for pregnancy, children’s yoga and yoga for the aged.



¹ See page 35 for more information

COURSE FEES

Flexible payment options are available for all ALG courses upon enrolment and students have the freedom to choose and switch between options at the start of each term. Our payment options are:

Pay by Term

Students pay their tuition fees per term. There are many methods for students to pay their fees.

- Students can visit their Student Portal and pay online via PoLi or credit card (a nominal surcharge of 1% apply).
- Students may pay via bank transfer to the college bank account
- Students can pay via their education agent.

Pay by Month

Students can pay their tuition in monthly installments and have upcoming tuition fees automatically deducted from their nominated bank account or debit/credit card via our payment partner Debitsuccess. To see a full breakdown of our course price list please visit alg.edu.au/pricing/.

Refunds

We understand that, at times, students may find themselves in circumstances that mean that they are no longer able to continue their studies with us. Students are eligible for a refund if they cancel their studies before the first Monday of the term the student is cancelling from. Students will not be eligible for a refund if notification of cancellation is received after the first Monday of the term the student is cancelling from.

Joining Fees are non-refundable.

STUDENT TIMETABLING

Australian Learning Group has 3 timetable options for students which are consistent nationally at all campuses:

- Monday and Tuesday
- Wednesday and Thursday
- Evenings - Monday to Thursday

For more information regarding our timetable options please see alg.edu.au/timetable/.

2022 CALENDAR

TERM	APPLICATION CUT OFF	ORIENTATION (new students)	TERM DATES	TERM BREAK	PAY-BY-TERM DUE DATE	PAY-BY-MONTH DUE DATE
Term 1 2022 January Intake	Thursday 20th January	Friday 21st January	24th January to 2nd April	3rd April to 17th April	Monday 3rd January 2022	3rd January 3rd February 3rd March
Term 2 2022 April Intake	Wednesday 13th April	Thursday 14th April	19th April to 25th June	26th June to 10th July	Monday 28th March 2022	3rd April 3rd May 3rd June
Term 3 2022 July Intake	Thursday 7th July	Friday 8th July	11th July to 17th September	18th September to 2nd October	Monday 20th June 2022	3rd July 3rd August 3rd September
Term 4 2022 October Intake	Thursday 29th September	Friday 30th September	4th October to 10th December	11th December to 29th January	Monday 12th September 2022	3rd October 3rd November 3rd December



ORIENTATION DAY

Orientation occurs on a Friday before official classes commence. It's jam-packed with bonding activities and is the formal introduction of all new students to ALG. They meet staff and other students within the cohort from other disciplines (e.g. Fitness, Yoga, Community Services, Early Childhood Education). Students also receive important information about the College, life in Australia and more!



ENTRY REQUIREMENTS

English Proficiency Requirements

All classes are conducted in English. If English is not your first language, you need to show evidence that you have the required level of English proficiency before starting your intended course. For more information regarding English requirements please visit alg.edu.au/english/.

Course Level	Evidence required prior to course commencement*
Certificate III and Certificate IV	<ul style="list-style-type: none">• IELTS 5.5 (or equivalent), with no individual band under 5.0; or• ALG in-house English Proficiency test equivalent to IELTS 5.5; or• A Certificate IV level qualification (or higher) completed from the Australian Qualifications Framework (AQF) in Australia.
Diploma	<ul style="list-style-type: none">• IELTS 6.0 (or equivalent), with no individual band under 5.5; or• ALG in-house English Proficiency test equivalent to IELTS 6.0; or• A Certificate IV level qualification (or higher) completed from the Australian Qualifications Framework (AQF) in Australia.

**Issued and/or completed within two years of the commencement of studies with ALG.*

Offshore applicants will be able to complete the ALG in-house English proficiency test online. ALG reserves the right to require such students to undertake a further confirmatory test on-campus before the commencement of their course.

Academic Requirements

The academic requirement for Certificate level courses is the completion of Year 10 (or equivalent) and above.

The academic requirement for Diploma level courses is the completion of Year 12 (or equivalent) and above.

Language Literacy & Numeracy Requirements

We recognise how vital your LLN skills are when it comes to participating actively and effectively in any course of study. In accordance with the Standards for RTOs 2015, ALG will assess your level of LLN skills before you start your course, using an online LLN test. Your test results will be measured against the LLN requirements of the course you propose to study.

We realise that not all students have the LLN skills to complete their course without help. We are committed to identifying students' gaps in LLN and offering assistance in areas where possible. For more information please visit alg.edu.au/docs/7.Appendix_LLNRequirementsFactsheet.pdf.

STUDYING WITH US

Attendance and Course Progress

The student visa requirements specify that you must maintain full-time enrolment (20 hours of study in class per week) in the course, satisfactory academic progress within the expected duration on your Confirmation of Enrolment (CoE). If you fail to satisfy the course requirements, your CoE may be cancelled which could impact your student visa.

Structured Study

Students are required to undertake online supervised study for 6 hours per week during each term and are provided with a plan that outlines the various learning activities to be undertaken to prepare them to undertake their summative assessment requirements.

Self-Directed Learning

Students are provided with a Self-Directed Learning Plan for each subject that guides them through the self-study time with suggested reading and formative activities. Students are also encouraged to reflect on their learning by completing a reflective learning journal to document what they have learned, what activities were useful and what they would like to learn more about.

Complaints/Appeals Process

We support students to be independent and effective problem solvers. We also encourage the students to resolve their complaint informally as the first step; however should the complainant deem that informal resolution is not possible, appropriate or satisfactory, students may submit a formal complaint. If the student is not satisfied with the complaint outcome and has new supporting evidence or if the student was adversely affected by a decision made by ALG, the student can lodge an internal appeal. For further information please see alg.edu.au/docs/A7_Part_A_Student_Handbook.pdf.

Reasonable Adjustment

We are committed to providing equitable assistance and opportunity to students. As such, we provide reasonable adjustments to assist our students in completing their course of study successfully. For more information, please see the Reasonable Adjustment Policy here alg.edu.au/docs/A15_Part_A_Student_Handbook.pdf.

A Safe Environment

All members of the College including staff and students, volunteers, contractors and visitors have a right to study and work in a safe and fair environment. We do not tolerate behaviour that could be discriminatory or amount to harassment of staff or students.

Disability

Students and staff with any disability are supported. Many times, this takes the form of things like adjusting the form that assessments take, allowing extra time for assessments, etc.

BEFORE YOU APPLY

Obtaining a Student Visa

In order to study in Australia, all International Students must hold a valid Student Visa from the Australian Government, Department of Home Affairs. To be eligible for a Student Visa, a student must:

- Be over 16 years of age
- Have been accepted to study at an educational institution in Australia (substantiated by a Confirmation of Enrolment (CoE))
- Have Overseas Student Health Cover

For more information please visit immi.homeaffairs.gov.au.

Cost of Living

In their visa application, students are required by the Department of Home Affairs to declare that they have enough money to pay for travel, tuition, and living expenses for the duration of their stay in Australia.

Visit homeaffairs.gov.au for up-to-date information on the cost of living in Australia and information about obtaining a student visa.

Overseas Student Health Cover (OSHC)

OSHC is insurance to assist international students in meeting the costs of medical and hospital care that they may need while in Australia. OSHC will also pay limited benefits for pharmaceuticals and ambulance services. As an international student, you must show evidence that you have health insurance cover before a visa can be issued. OSHC is required for the total duration of your studies.

These are the insurance companies in Australia that offer OSHC to international students:

- Australian Health Management
- BUPA Australia
- Medibank Private
- Allianz Global Assistance (subcontracted by Lysaght Peoplecare)
- nib OSHC

All of the above are reputable insurance companies, and we recommend you to shop around to see the best price you can get for health cover. You are advised to visit the website oshcaustralia.com.au/en to compare prices and choose from the available providers of OSHC. In the quick quote section, please enter the number of Adults and Children that require coverage and refer to your Letter of Offer document issued by the College for the policy start date (i.e. CoE Start Date) and policy end date (i.e. CoE End Date).

Studying in Australia - Your Guide

Studying in Australia is an amazing experience and one you will remember for the rest of your life! But at the same time, it can be an anxious experience moving away from your home, friends and family. Insider Guides provides you with extensive resources to prepare you for your move to Australia, as well as provide insight and guidance to your time studying here.

Learn more about Australian culture, employment, accommodation and much much more by viewing the Insider Guide to Studying in Australia (insiderguides.com.au).

HOW TO APPLY

All applications must be completed online. For more details please check the entry requirements for the course you are planning to apply for. To commence your application process please visit alg.edu.au/how-to-apply/.

APPLICATION PROCESS

STEP 1 Complete Online Form

Before completing the online application form, please make sure that you have the following supporting documents ready:

- ID/Passport Copy
- Copy of original proof of completion of High School or higher and if required, translated proof as well
- Most recent academic results
- Proof of English proficiency. (See page 25 under 'English Requirements')
- If you have arrived in Australia, have your Unique Student Identifier ready (or create one at usi.gov.au)

STEP 2 LLN Test

Before you are able to commence your studies at the Australian Learning Group (ALG), you will need to successfully complete the Language Literacy and Numeracy (LLN) online test. Please note that if you are applying for more than one course with us, you will only need to complete the LLN test once. The purpose of the LLN test is to ensure you have the LLN skills needed to undertake your course. It will also show how we can assist you in any areas where you may need help while studying with us.

ENROLMENT PROCESS

STEP 1 Letter of Offer

Once an online application form is received and upon successful review of the application, a Letter of Offer will be issued to the applicant. The Letter of Offer will contain all course information including start date, tuition, and additional fees and any entry requirement conditions the applicant is required to complete before the commencement of the chosen course.

STEP 2 Payment

After receiving the Letter of Offer, the applicant will then be required to read all the enclosed information, complete and sign the Letter of Offer and make the payment in accordance to the Course Fee payment schedule. Once payment has been received, our Admissions Department can then issue a Confirmation of Enrolment (CoE).

STEP 3 Confirmation of Enrolment (CoE)

A CoE is an official document issued to International Students to confirm that they have officially been offered a position to study at ALG. It provides evidence of enrolment with a registered CRICOS provider. The CoE is a crucial document to assist in the visa application process as this evidence is required before the Department of Home Affairs can issue a student visa. It contains information about the provider, duration of study and the course in which the student is enrolled.

ARE YOU A CURRENT STUDENT?

If you are interested in applying for an additional course and extending your journey with us, head to alg.edu.au/extend-your-studies and complete our online form.

No additional joining fee; No CoE deposit required*; Un-interrupted payment schedule

*Note: Students may be eligible to have their CoE issued without any deposit if there is no fee due as per their Course Fee payment schedule in the Letter of Offer.

COURSE CREDIT

ALG supports course credit practices, including the Recognition of Prior Learning (RPL) and Credit Transfers (CT) through a standard process, which is fair, transparent, and consistent.

If you have completed the same UoC in a course with a different education provider, we will recognise the issued AQF Qualification and Statements of Attainment

We will recognise prior learning (formal and non-formal), qualifications and work experience of students and apply them to the competency being delivered with the aim of reducing the training time and the duplication of training/assessments.

For more information about application fees, processing time and further requirements please visit alg.edu.au/coursecredit/ or contact Admissions at admissions@alg.edu.au.

HIGHER EDUCATION STUDY PATHWAYS

Established in 1988, the Ikon Institute of Australia has been helping people help others for over 25 years. Today they are the largest provider of Arts Therapy training in Australia and a leading provider of humanistic and therapeutic training. They are committed to providing you with the very best education available in the transpersonal field and supporting your discovery into new pathways to healing and wellbeing.



Ikon offers the following CRICOS approved, Higher Education qualifications to International Students.

Bachelor of Arts Therapy [CRICOS Code 094685K]

Bachelor of Counselling and Psychotherapy [CRICOS Code 094684M]

Bachelor of Early Childhood Education [CRICOS Code 102713G]

Visit ikon.edu.au for detailed course information.

We are happy to be working collaboratively with Ikon to offer a pathway into Ikon's Bachelor of Early Childhood Education. Students from ALG who graduate with CHC50113 Diploma of Early Childhood Education and Care qualification may be eligible for entry into the second year of the Bachelor of Early Childhood Education. Eligible applicants may receive course credit via the grade of Advanced Standing for up to 11 subjects. Normally priced at \$595, joining fee will not apply to current students who apply to extend their studies.

Prospective and current students are welcome to apply for the Bachelor of Arts Therapy and Bachelor of Counselling and Psychotherapy delivered by Ikon. Admission Pathway opportunities for these qualifications exist that may result in reduced application fees to secure packaged Confirmation of Enrolments.

We encourage all interested students to contact ALG and/or Ikon to discuss your choice of courses to package for further details.



ALG make sure that you, as a student, have all the support you need...I found it easier than I thought to find a job, the school prepares you for the real world and a real job. I am always developing and improving my skills to be a better professional.

Isabela, Brazil

CONTACT US

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E | admissions@alg.edu.au
W | alg.edu.au

SYDNEY

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Sydney, NSW, 2000

MELBOURNE

Level 6, 601 Bourke Street
Melbourne, VIC, 3000

BRISBANE

Level 4, 243 Edward Street
Brisbane City, QLD, 4000

PERTH

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Australian Learning Group Pty Ltd
Trading as Australian Learning Group, Australian College of Sport & Fitness and 4Life College.

The information contained in this guide is correct at the time of publication, however, Australian Learning Group reserves the right to alter, amend or delete details at any time without notice. Prospective students should refer to the ALG website for current information before applying.

This guide is free of charge.

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