

AUSTRALIAN COLLEGE OF
SPORT & FITNESS



**YOUR
YOGA
CAREER
STARTS
HERE!**

**PRACTICAL
TRAINING**

**CERTIFICATE
& DIPLOMA
PROGRAMS**

**INTERNATIONAL
STUDENTS
WELCOME**



Our College is part of an education group that has been providing award winning education for over 30 years. We are a nationally accredited training provider with our qualifications being recognised by leading industry associations world wide.

LAUNCH YOUR YOGA CAREER

Yoga is one of Australia's largest growing fitness activities. It has expanded into yoga studios, health retreats and resorts, gyms, schools and care homes, creating a high demand for teachers.

The industry continues to expand in areas of niche services, such as yoga for special needs, seniors and children.

To explore more about what style of Yoga you will learn, and how to establish yourself as a Yoga practitioner, simply visit acsf.edu.au/yoga

OVER 8,800

People employed within the
Yoga sector in Australia¹

ENJOY FUN CLASSES

As a student at our college, you will enjoy an industry leading approach to your yoga education. All courses combine practical experience with a solid grounding in the core yoga principles.

Explore and learn various practical skills that you will be able to apply in your own workplace and take with you in your future employment.



COURSE OVERVIEW

Courses	Code	Duration
Certificate IV in Yoga Teaching	10696NAT	Full Time (12 Months)
Diploma of Yoga Teaching	10697NAT	Full Time (12 Months)

NB - For detailed course information and requirements please visit our website

Certificate IV in Yoga Teaching

This course is the entry level qualification to launch your career as a Yoga Teacher. Yoga teaching involves instructing students in yoga asanas, class development, safety in yoga sequencing and postures. In addition to the fundamentals of yoga teaching topics, the course covers important areas like philosophy, western and yogic anatomy, yogic history and small business management.

You will also be promoting physical fitness, emotional wellbeing and helping students gain insight on their mind/body connection. Graduates of the course may find themselves working as a yoga teacher in a variety of teaching situations including: studios, private teaching or studio management.



Learning Areas

- Pre-classical Yoga
- Classical Yoga
- Post Classical Yoga
- Anatomy
- Business Management

Diploma of Yoga Teaching



For students who wish to deepen their knowledge of yoga and become a more specialised yoga teacher, this qualification is the perfect way to achieve your goals.

In addition to studying more advanced yoga postures, the course covers important areas like adjustments, advanced sequencing, pranayama (breath work) and meditation as well as yoga to clients with special needs.

You will deepen your yoga skills and knowledge, learning specialised skills to work with individuals at various life

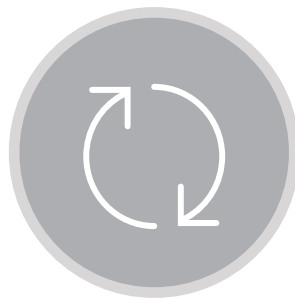
Learning Areas

- Yoga for Life Stages
- Yoga Assessments
- Philosophy
- Pranayama Techniques
- Meditation Techniques
- Health and Chronic Disease



One time joining fee

The one time joining fee is for new students only. Once you join as a student, you can study as many courses as you like and only pay tuition fees.



Flexible payment options*

Freedom to choose and switch between 'pay by month' and 'pay by term' for the start of each term.



Packaging welcome

Add courses to continue your professional journey. Some packaging options allow you to save time and money with course credits

COURSE	CODE	DURATION	CAMPUS	TUITION FEE OPTIONS	
				PAY BY MONTH	PAY BY TERM
Certificate IV in YOGA TEACHING	10696NAT	4 Terms (52 Weeks)	SYD, MEL	\$725 x 12 (\$8,700)	\$1,990 x 4 (\$7,960)
Diploma of YOGA TEACHING	10697NAT	4 Terms (52 Weeks)	SYD, MEL	\$725 x 12 (\$8,700)	\$1,990 x 4 (\$7,960)

NB - For a detailed course fees overview please visit our website

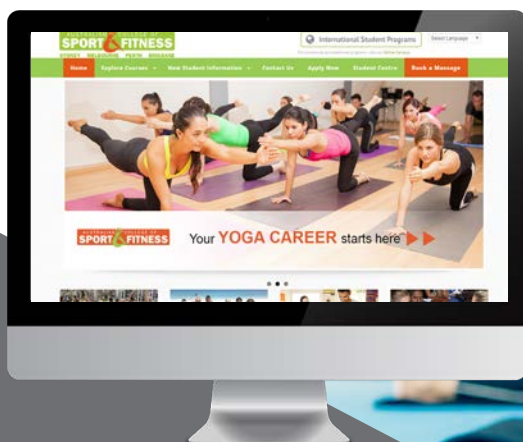
ENTRY REQUIREMENTS

All courses at the college are taught in English. Applicants will need to show evidence of suitable English proficiency for the course they have chosen.

- Students must be at least 18 years of age.
- Students must have a minimum English language level of IELTS 5.5 or equivalent (10697NAT requires IELTS 6.0 or equivalent)
- For a detailed overview of the English proficiency requirements please visit alg.edu.au/english

ENGLISH PARTNERS

If you believe that you need further English training before starting our courses, we can help. Studying with one of our English Partner schools ensures first class language education. You can find a list of our partners via alg.edu.au/educational-partners



For more information visit **ACSF.edu.au**

NEW STUDENT ENQUIRIES

admissions@alg.edu.au 1300 254 000

HOW TO APPLY

Visit alg.edu.au/apply

*Switching between payment methods will always occur at the current course tuition pricing at the time the request to switch is made, which may be greater than historical course tuition pricing on original Letter of Offer.



Australian College of Sport & Fitness is a college of the Australian Learning Group - RTO | 91165 CRICOS | 03071E

