



Enquire
Here

NEW ZEALAND CERTIFICATE IN HEALTH AND WELLBEING LEVEL 4

120 Credits

Disability Support and Mental Health & Addiction Support strands
40 Weeks | 20 HOURS PER WEEK |

The aim of this program is to develop professional, ethical, and capable entry-level Support Workers who have a passion for empowering those with disabilities and mental health and addiction support needs and supporting people, family and/or whanau accessing social and community services. Graduates will benefit by gaining recognition of transferable skills and knowledge valued by the health and wellbeing sector and specific skills and knowledge required to perform duties as Support Workers.

Course Dates:

3 Feb 2025 – 19 Dec 2025

10 Mar 2025 – 27 Feb 2026

28 Apr 2025 – 2 Apr 2026

21 Jul 2025 – 3 Jul 2026

13 Oct 2025 – 18 Sep 2026

| This qualification meets the requirements for the Care and Support Workers Pay Equity Settlement. |

Level 4 Qualification \$29.10 p/h

THE COURSE CONSISTS OF THE FOLLOWING MODULES:

- The health and wellbeing sector and contemporary priorities in Aotearoa New Zealand
 - Te Tiriti o Waitangi, biculturalism and multiculturalism in Aotearoa New Zealand
 - Ethics and professional practice in the Health and Wellbeing sector
 - Cultural identity, awareness and engagement with tangata, family and whanau
 - Self-awareness and reflective practice in a Health and Wellbeing setting.
- Disability support elective modules**
- Disability care and support in Aotearoa New Zealand
 - Personal leadership and communication in a disability support setting
 - Working collaboratively in a disability care setting
 - Safe practice and strategies in disability
- Mental health and addiction support elective modules**
- Mental health and addiction knowledge, skills and values
 - Mental health and addiction issues in Aotearoa New Zealand
 - Mental health and addiction support, advocacy and inclusion
 - Recovery in mental health and addiction in Aotearoa New Zealand

Students are assessed through a mixture of written assessments, presentations and practical role plays.

ENTRY REQUIREMENTS

DOMESTIC

- 17 years of age or older at course start date (be at least 17 years of age before the clinical placement)
- Have recent police vetting
- Have completed year 12 or NCEA Level 2
- Pre-enrolment interview
- Students who do not meet the entry requirements may be accepted at the discretion of the department head.

INTERNATIONAL

- 18 years of age at course start date
- IELTS (Academic or General) 5.5 with no band lower than 5.0 (or NZQA approved equivalent)
- 3 years of secondary school education or agreed equivalent
- Have recent police vetting
- Special circumstances considered at the discretion of the Department Head.

Career Opportunities

- Mental health support worker
- Addiction support worker
- Drug treatment support worker
- Community support worker
- Child or youth residential care assistant
- Aged care worker
- Nursing support worker
- Personal care assistant.

2025 COURSE FEES

International students: Tuition NZ\$18,850, Material NZ\$2,000, Registration NZ\$400, Compulsory Student Services Fee NZ\$200.

