



Postgraduate Diploma in Healthcare
(with a specialisation in Mental Health or Community Health or Addiction)

This Postgraduate Diploma in Healthcare equips learners with the advanced knowledge and practical expertise to address complex health challenges across Aotearoa New Zealand. Delivered online with flexible study options, this qualification allows learners to specialise in mental health, community health, or addiction, while developing critical thinking, ethical reasoning, and evidence-based practice skills. Graduates will be able to design and implement innovative strategies that improve health outcomes for individuals, whānau, and communities.

L8

What you will study

- Advanced concepts, frameworks, philosophies and informatics for the field of healthcare, critically evaluating their effectiveness for individuals, their whānau/family and communities.
- Ethical reasoning skills for evaluating challenges.
- Innovative strategies and/or interventions to support health of Māori and/or Pasifika communities in Aotearoa New Zealand.
- How to honour the rights and needs of Māori as tangata whenua and the obligations of tangata tiriti to advocate for equitable health and wellbeing.

Programme Structure

Specialisations: A = Addiction
C = Community M = Mental Health

Learners will study 120 credit over two semesters, with a focus on the chosen specialisation in Semester 2.

SEMESTER 1

- Cultural Competencies & Communication in Aotearoa New Zealand* (15 Credits) A, C, M
- Health Practised & Policies in Aotearoa New Zealand* (15 Credits) A, C, M
- Health Informatics (15 Credits) A, C, M
- Research Methods** (15 Credits) C, M
- Addiction & Mental Health Issues 1 (15 Credits) A

SEMESTER 2

- Theories and Principles for Mental Health (30 Credits) M
- Population Health (30 Credits) C
- Research Project** (30 Credits) C, M
- Addiction & Mental Health Issues 2 (15 Credits) A
- Assessment and Intervention (15 Credits) A
- Addiction and Rehabilitation (15 Credits) A
- Practicum (15 Credits) A

*These two courses might be cross credited from NZSE's Graduate Certificate in Healthcare.

**Students will be conducting research specific to their chosen pathway.

Career opportunities

Jobs directly related to this programme may include

(NB: not an exhaustive list of jobs):

- Case Manager
- Mental Health Worker
- Youth and Child Health Coordinator
- Whānau Liaison
- Health Services Manager/ Kaiwhakahaere Ratonga Hauora
- Community Services/ Ratonga Haporī
- Health Promoter/ Kaiwhakatairanga Hauora
- Residential Health Services
- Addiction Service roles
- Addiction Practitioner*
- Problem Gambling Practitioner*
- Alcohol and other Drug Practitioner*

*These roles require registration with the relevant association. This programme will not automatically lead to registration. Students are responsible for applying for their own registration.

Duration

1 Academic Year

L8

Credits

120 Credits

Delivery

Auckland CBD | Online [onshore only]

Tuition Fees

\$26,000 NZD*

*contact us to see if a special price applies to NZSE Graduates

Material and Administration Fees

\$2,000 NZD

Intakes

Four intakes in 2026 TBC

Further Study

Master degree or Masters by Research

Entry Requirements

Admission Criteria:

The minimum entry qualification for this 120-credit Graduate Diploma is:

- A recognised bachelor degree in a related field.
- English language requirements IELTS overall band of 6.5, NZCEL level 5 or Equivalent.
- Completion of the Graduate Certificate in Healthcare (Level 7)
- Equivalent advanced evidence based practical experience in a patient-facing role in the health industry (min. three years in the last five years).

Scholarship

2026 Programme Launch Study Award of \$2,000

In-study work rights of 25 hours a week and a 3-year, post-study work visa on successful completion of programme.